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Coaching

The Art of Coaching

Workshop Overview

Coaching has been shown to be a highly effective tool for managers to use in improving performance. Yet, unlike in athletics or performing arts, we rarely see effective coaching in the workplace. In *The Art of Coaching* managers are shown the impact coaching can have on performance. They develop a mental image of the effective coaching manager. They are given the skills for effective performance coaching and a core routine to follow. During the workshop managers will practice coaching skills. Managers will be asked to schedule time during the week to observe their people carrying out their normal jobs and to provide time for coaching interventions.

Workshop Objectives

1. Managers understand the importance of coaching as a driver of peak performance.
2. Managers have a clear mental image of effective coaching in action.
3. Managers see how investment of time in coaching for performance will actually give them more time during the week.
4. Managers understand how to use effective coaching skills to continuously improve performance.

Take-Home Value for Managers and their Company

1. Employee performance continuously improves.
2. Managers have more time to work on areas of high value contribution to the company.
3. Employees experience greater performance success and professional growth.
4. Coaching becomes a core competence in the company.

Time Frame

1 day

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Post-Workshop Coaching

Steve Dudley Associates is committed to the successful application of our workshop materials. We offer one-on-one coaching as a value-added option for each of our workshops. Please click on the “Coaching” tab to see a description of our workshop follow-up coaching program.

Workshop: *The Art of Coaching*

Recommended coaching sessions: 4 to 6

Suggested areas of coaching support:

- Assisting managers in reorganizing how they invest their time each week in order to make time for effective coaching.
- Assisting managers in developing a habit of observing their people doing their normal jobs and engaging their people in helpful coaching interventions.
- Practicing the skills of effective coaching.

Group Facilitation

Contact us for customized group facilitation regarding this workshop.