



Peak Performance

Building the Peak Performance Platform

Workshop Overview

Building the Peak Performance Platform is the second in a series of five workshops aimed at helping managers develop and sustain peak employee, team, and company performance. Managers will learn how to translate general performance goals and objectives into SMART objectives (Specific, Measureable, Action-oriented, Realistic, Time-based). They will be introduced to a system of forms and a process designed to produce peak performance. They will learn how to set up a performance baseline and tracking system. They will learn the general principles surrounding performance development. They will understand how they and their employees work together in establishing performance objectives, setting a performance baseline, tracking performance over time, and establishing performance development programs. Throughout the day managers will practice the tools of the workshop by actually establishing a peak performance platform for the individuals and teams they lead.

Workshop Objectives

1. Managers understand how to translate general performance goals and objectives into SMART objectives.
2. Managers understand their role and the employees' role in building the peak performance platform.
3. Managers understand how to establish a performance baseline and how to track performance over time.
4. Managers understand the general principles of a performance development program. They understand how to use these principles in establishing performance development programs for teams and individuals.

Take-Home Value for Managers and their Company

1. Managers clearly see the value of the peak performance system, their role within the system, and the requirements for successful implementation of the peak performance system.
2. Managers are competent in establishing meaningful, actionable, and valuable performance objectives.

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3. Managers have in place a plan and timeline for building the peak performance platform for the teams and individuals they lead.
4. Managers are ready to move into action the day after the workshop.

Time Frame

1 day

Post-Workshop Coaching

Steve Dudley Associates is committed to the successful application of our workshop materials. We offer one-on-one coaching as a value added option for each of our workshops. Please click on the “Coaching” tab to see a description of our workshop follow-up coaching program.

Workshop: Building the Peak Performance Platform

Recommended coaching sessions: 4 to 6

Suggested areas of coaching support:

- Creating SMART performance objectives aligned to drive contribution to the business plan, strategy, and vision of the company and foster the growth and development of the employee.
- Establishing a performance baseline assessment with employees.
- Establishing a performance tracking system and feedback routine.
- Working with employees to create performance development and growth plans directed at increasing the contribution of each employee to the company’s vision, strategy, and business plan.

Group Facilitation

Contact us for customized group facilitation regarding this workshop.